

Name: _____

Date: _____

Usain Bolt

Usain Bolt is a famous runner from Jamaica. He was born on August 21, 1986. Usain is known as the fastest man in the world because he can run incredibly fast. He has won many gold medals in the Olympics, which are big sports competitions held every four years.



Usain started running when he was very young and quickly showed that he was very talented. He competed in races and broke records, running faster than anyone else. People love to watch Usain run because he always has a big smile on his face, and he makes running look fun.

Usain Bolt's most famous races are the 100 meters and 200 meters. He set world records in both of these races, and no one has been able to beat his times. He won gold medals in the 2008, 2012, and 2016 Olympics.

Even though Usain Bolt is now retired from racing, he still inspires many people to try their best and enjoy sports. He shows us that with hard work and a positive attitude, we can achieve great things.



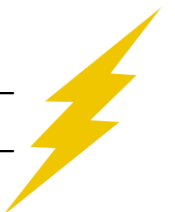
1. Where is Usain Bolt from? _____

2. What are Usain Bolt's most famous races? _____

3. Why do you think people love to watch Usain Bolt run? _____

4. Do you think it's important for athletes to have a positive attitude? Why or why not? _____

5. What lesson can we learn from Usain Bolt's story? _____



1. Where is Usain Bolt from? Usain Bolt is from Jamaica.

2. What are Usain Bolt's most famous races? Usain Bolt's most famous races are the 100 meters and 200 meters sprints, where he set world records and won Olympic gold medals.

3. Why do you think people love to watch Usain Bolt run?

People love to watch Usain Bolt run because he is incredibly fast and has a charismatic personality. His races are exciting and enjoyable to watch because he looks relaxed and joyful while running.

4. Do you think it's important for athletes to have a positive attitude?

Why or why not? Yes, it's important for athletes to have a positive attitude because it helps them stay motivated, overcome challenges, and perform their best.

5. What lesson can we learn from Usain Bolt's story? From Usain Bolt's story, we can learn that hard work, dedication, and a positive mindset can lead to achieving great success.